

**Listed below are numbers of agencies that can provide employee assistance.
Additionally, your medical provider can offer many services**

Alcoholics Anonymous
South Bay Area
310-618-1180
www.southbayaa.org

Narcotics Anonymous
Of Greater Los Angeles
323-933-5395
www.glaana.org

American Red Cross
800-733-2767
Emergency Services for disasters

1736 Family Crisis Center
310-379-3620 24/7
Temporary housing for teens, battered women and children

South Bay Family Health
Care Center
310-802-6170
Pregnancy testing, counseling, legal and medical services

California Youth Crisis Line
800-843-5200 24/7

Rape/Sexual Assault Hotline
800-656-4673 24/7
Counseling, referrals and services for assault victims
www.rainn.org

Substance Abuse Service Helpline
844-804-7500 24/7

Teen Line
310-855-4673 6pm to 10 pm
or
Text by texting "Teen" to 839863
6pm to 9pm
www.teenline.org

National Council on Alcoholism & Drug
Dependence of the South Bay
310-328-1460
Alcohol and drug counseling

South Bay Juvenile Diversion Project
310-618-5555 Ages 12-17
Counseling and related services for youth and their families

Al-Anon & Alateen
818-760-7122
Family counseling/support for alcoholism

Hepatitis Hotline
877-435-7443
www.help4hep.org

National Suicide Prevention Lifeline
800-273-8255

National Eating Disorder Association
800-931-2237
www.myneda.org/chat

HIV/AIDS & STD Hotline
800-367-AIDS (2437)

Dial 211
For additional outreach assistance